

**Basic Gynecologic Examination**

- Bimanual exam
- Speculum exam
- Cervical visualization and pap smear

**Palpation of Key Surgical Landmarks**

- Pubic tubercles
- Pubic rami
- Obturator fossa
- Arcus tendineous fascia pelvis
- Ischial spine
- Sacrospinous ligament

**Basic Procedures**

- Endometrial biopsy
- Urethral/bladder catheterization
- IUD placement

**Surgical Procedures**

- Dilation and curettage
- Diagnostic hysteroscopy
- Total vaginal hysterectomy with or without bilateral salpingo oophorectomy
- Transobturator sling placement, both outside in and inside out approaches
- Retropubic sling placement, both top down and bottom up approaches
- Full thickness vaginal wall dissection to the arcus tendonius fascia pelvis
- Bilateral sacrospinous ligament fixation

**ABOUT DOUGLAS MIYAZAKI**

Douglas W. Miyazaki, MD, FACOG has nearly 25 years of experience in resident education. He has a particular passion for teaching the art of vaginal surgery and over the years has seen dramatic declines in resident performed cases.

This diminished training **has led** to a decline in fundamental skills and competency in the operating room. Deciding there needed to be a better and safer way to instruct training physicians, Dr. Miyazaki invented the Miya Model. This vaginal simulator, designed by a surgeon, for surgeons, has correct anatomic landmarks and tissues specially designed to feel and mimic live human tissue when punctured, cut, sutured and dissected, simulating a realistic surgical experience.

Simulation training using the Miya Model is the perfect teaching aid for allied health professional skills such as basic gynecologic procedures including pap smears and biopsies to medical students, PAs, nursing programs, and NPs.

The Miya Model enables instructors to safely observe, teach, and demonstrate proper techniques necessary for successful surgical operations. This makes the Miya Model ideal for standardizing medical procedures and credentialing gynecologic professionals. With easy to replace components, professionals can experiment with new techniques and surgical instruments without patient risk or surgeon liabilities. Dr. Miyazaki believes that the art of vaginal surgery should be preserved and that high levels for standards of competency must be maintained.

# Miya

## MODEL™



**Miyazaki**  
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Models for  
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